

PAAIS WORLD ALLERGY WEEK 2026

Allergy Awareness & Free Medical Camp Report



Organized by: Pakistan Allergy, Asthma & Immunology Society (PAAIS) Camp

Dates: 23rd February to 5th March

Locations:

- ***Allergy & Asthma Clinic, IJP Road, Rawalpindi***
- ***Community Centre Aabpara, Islamabad (in collaboration with District Health Office – DHO Islamabad)***

Introduction

World Allergy Week is observed globally to raise awareness about allergic diseases and promote better prevention and management strategies. In continuation of its commitment to community health and allergy education, the Pakistan Allergy, Asthma & Immunology Society (PAAIS) organized a Free Allergy Awareness and Medical Camp during World Allergy Week 2026.

The camp was conducted at the Allergy & Asthma Clinic on IJP Road Rawalpindi and at Community Centre Aabpara Islamabad in collaboration with the District Health Office (DHO) Islamabad. The initiative aimed to educate the community about allergic diseases, provide free consultation, diagnostic services, and facilitate early identification and treatment of allergic conditions.

A comprehensive range of allergy-related services was provided, including free medical consultations, screening for various allergic conditions, and provision of essential medications at no charge. In addition to clinical services, strong emphasis was placed on raising awareness among the public regarding the prevention, early identification, and effective management of allergic diseases.

This annual initiative reflects PAAIS's sustained commitment to improving public health. By organizing such camps every year, the society continues to work towards the betterment of society at large, with a particular focus on enhancing healthcare awareness and outcomes across Pakistan.

Objectives of the Camp

- Raise awareness about allergic diseases and their prevention.
- Educate the community about recognition and emergency management of anaphylaxis.
- Provide free medical consultation for allergy and asthma patients.
- Facilitate early detection through allergy testing.
- Provide essential medicines to underserved populations.

Camp Booths and Services

Anaphylaxis Awareness Booth: Educational sessions and informational material were provided to raise awareness regarding symptoms, triggers, and emergency management of anaphylaxis.

Free Consultation Booth: Qualified doctors and allergy specialists evaluated patients presenting with asthma, allergic rhinitis, skin allergies, food allergies, and drug allergies.

Free Allergy Testing Booth: Allergy diagnostic testing was performed for selected patients to identify potential allergens.

Nebulization Booth: Immediate nebulization therapy was provided to patients experiencing acute respiratory symptoms.

Free Medicine Distribution Booth: Essential medications for allergy and asthma management were distributed free of cost.

Camp Statistics

Service	Number
Total Patients Registered	700
Patients Consulted	700
Allergy Tests Performed	513
Nebulization Treatments Given	173
Medicines Distributed	700

Community Response

The camp received an encouraging response from the local community. Many patients benefited from free consultations, diagnostic services, medicines, and educational awareness sessions.

Such initiatives significantly contribute to improving public awareness and early diagnosis of allergic diseases in Pakistan.

Camp Photo Highlights

FREE POLLEN ALLERGY CAMP 2026
ORGANIZED BY PAKISTAN ALLERGY, ASTHMA AND IMMUNOLOGY SOCIETY PAKISTAN (PAAIS)

BREATHE EASY WITH FREE ALLERGY SUPPORT

- FREE CONSULTATION
- ANAPHYLAXIS TRAINING BOOTH
- FREE ALLERGY TEST
- NEBULIZATION AND OXYGEN THERAPY

TIMING: 9:30AM TO 2:30PM **23 FEBRUARY TO 05 MARCH**

+ 051 484 8712, 051 843 650 2 ALLERGY CENTER RAWALPINDI, MAIN IJP ROAD, MASOOD ARCADE, I.J.P. ROAD PINDORA, CHUNGI, RAWALPINDI

www.allergypaais.org / www.allergycenter.info

The banner features the PAAIS logo, a woman sneezing, and icons for pollen, a virus, and a hand holding a tissue.

Free Pollen Allergy Camp 2026

ANAPHYLAXIS TRAINING BOOTH

2026 Anaphylaxis Awareness Week
23 February To 05 March

Hand holding a heart with text: "Never Alone on your Allergy Journey with Anaphylaxis PAAIS"

The booth banner includes the PAAIS logo and an illustration of hands holding a heart.

Free Pollen Allergy Camp 2026

NEBULIZATION & OXYGEN THERAPY

Illustration of a person using a nebulizer.

The banner features the PAAIS logo and an illustration of a person using a nebulizer connected to an oxygen tank.

Free Pollen Allergy Camp 2026

ALLERGY TESTING BOOTH

» Pollen Allergy

Illustration of allergy testing procedures: skin prick test, blood test, and a person smelling flowers.

The booth banner includes the PAAIS logo and illustrations of various allergy testing methods.



Doctor taking detailed history and performing skin prick tests



skin prick tests are performed under strict infection prevention protocols





Free medicines and consultations booth

Pollen allergy camp organized by PAAIS in collaboration with DHO, Islamabad at Community Centre Aabparra.





Camp site visited by Health Secretary and Drug inspector



Group pictures at the end of the camp

Acknowledgment

We extend our sincere appreciation to Pakistan Allergy, Asthma & Immunology Society (PAAIS), District Health Office Islamabad, participating doctors, healthcare staff, and volunteers whose dedication and collaboration made this community health initiative successful.

Conclusion

The World Allergy Week 2026 Allergy Awareness and Free Medical Camp successfully achieved its objective of promoting awareness, early diagnosis, and management of allergic diseases. PAAIS remains committed to continuing such initiatives in the future to improve allergy care and public health awareness across Pakistan.